

Why did my Carers Allowance stop when I became 60?

When you started getting your State Pension your Carers Allowance will have stopped. This is because the Pension is an "overlapping benefit" with Carers Allowance and you cannot get both at the same time. If you choose to defer your pension, or do not qualify for it until a later date, then you can carry on getting Carers Allowance. Also, if your State Pension is smaller than Carers Allowance would be, because your national insurance contributions were not complete, then you can be topped up by Carers Allowance to the Carers Allowance level.

For more information on Carers Allowance and other benefits go to www.carersuk.org/Information/Financialhelp